

## LOGISTICS & REGISTRATION

**Timing:** Beginning 4pm on Thurs 31 March  
(**Registration:** 4 - 5pm). Completing 2pm on Sun 3 April.

**Food:** Delicious vegetarian. Please bring something to contribute to our cuisine.

**Accommodation:** Shared dormitory-style space or bring your own tent or camping vehicle.

**Transport Options:** To Nelson by plane or car. From North Island by ferry from Wellington to Picton then bus or car to Nelson, Golden Bay. From Wellington possibly plane to Takaka.

**Flights:** allow 2.5 hours overland travel from Nelson airport to Wainui Bay. Airport collection possible.

**COST:** \$160 - \$320 (income-based sliding scale)  
Cost is inclusive of food, accommodation, tuition.

\* You decide your position within that range - lower end unwaged/students to higher end, well-waged employed. No other discount possible. Please advise us in advance, of the amount you plan to pay.

\* Golden Bay residents: up to 50% HANDS acceptable based on \$240 as minimum payment, ie min payment \$120 cash, 120 HANDS.

**To Register:** Direct deposit or post **\$50 by Fri 18 March**. Remainder of fee payable on arrival.

**Payment Details:** by cheque or direct deposit.

Cheques written out to: *Earthcare Education Aotearoa*.  
*Postal Address:* 'Earth-Spirit' Workshop, Earthcare Education Aotearoa, C/o Tui Community, Wainui Bay, RD1, Takaka. Account number for direct deposit emailed with registration. No credit card facility.

**Further Details:** Sent upon enquiry & registration (eg what to bring, travel support arrangements).

## DESCRIPTION

'**Earth-Spirit**' is a guided experience of immersion into the natural world. The intention is to deepen and empower personal connection with the spirit of the land, in life sustaining way. This includes sharing practical skills to enable participants to be co-creators of sacred land spaces and effective agents of positive cultural change, guided by the underlying wisdom of Nature.



## LOCATION

Tui Treefield - Tui Spiritual & Educational Trust's outdoor events camp situated at Wainui Inlet in Golden Bay, and next to the beautiful Abel Tasman National Park.

**Enquiries & Registration:** *John Massey*

**Email:** [yogaia10@gmail.com](mailto:yogaia10@gmail.com)



# 'EARTH-SPIRIT'

Nature Connection Workshop

**Thurs 31 March -  
Sun 3 April, 2011**

**Golden Bay  
Nelson Province**

*Facilitator-Tutors*

John Massey

Robina McCurdy

Ross White



## CONTENT

*Each day will include:* early yoga/meditation, experiential activities, knowledge sharing, guided nature walks, cultural activity, alone time, practical skills. During the weekend, we will cover the following themes, some as a basic introduction, some in greater depth:

### *Personal Healing & Wisdom*

- eco-literacy – ‘reading the land’, familiarization with local ecology
- sensory awareness skills to listen to the needs and wisdom of the land
- nature’s cycles, rhythms and patterns
- creating a ‘personal seasonal calendar’
- working with nature as teacher/guide
- wildcrafting - identifying, harvesting and eating from the wilderness
- relating to the earth as healer/empowerer

### *Cultural Healing & Wisdom*

- deep ecology – philosophy, experience, practical application
- cultivating kaitiakitanga (stewardship/guardianship)
- ceremonies/rituals to deepen with the 4 elements
- laying out and working with a Medicine Wheel
- rebuilding culture rooted in nature

### *Environmental Healing & Wisdom*

- landuse design with and for nature
- dowsing, mapping and working with earth-energy fields
- creating and utilising Sacred Spaces within any landscape

## FACILITATORS BACKGROUNDS



**John Massey** is a master gardener, beekeeper, seed saver, ‘kitchen pharmacist’ and professional herbalist, with an extensive and global knowledge of edible weeds and plant uses. His formal studies in this field

were with Rosemary Gladstar’s School of Herbal Studies, in USA. During his 18 years of working at both the Golden Bay and Waimarama Community Gardens (Nelson), John facilitated regular courses in nature observation and attunement, guiding participants into the mysteries of the plant world, plus their practical application. John is also a therapeutic masseur, yoga teacher and a teacher-trainer with the NZ Yoga Association.



**Robina McCurdy** is an international facilitator-educator in integrated land-use design (permaculture), with application to households, neighbourhoods, schools, farms, ecovillages and

bioregions. Her special gift is in creating and facilitating participatory processes which connect nature and culture. Robina is a founder-member of Tui Community and Land Trust, and the pioneer of both S.E.E.D. (Schools Environmental Education & Development) and foundee-Trustee of Earthcare Education

Aotearoa. She currently works as Community Garden Co-ordinator and organic educator with Victory Community Health Centre in Nelson, as well as teaching permaculture and facilitating community landuse projects in Aotearoa and Australia. Re-connection with nature is core to all of Robina’s work.



**Ross White** is a landscape designer and gardener, who works practically and empathically with the land. He is passionate about growing trees, plants and vegetables, and the understanding the earth energies of ancient sacred

sites. Ross has trained extensively in ancient earth based traditions and shamanism, rooted in nature and the landscape. In USA he apprenticed in Native American shamanic traditions with Lakota elders of the Sioux Nation, and in Britain (his native country) he worked closely with the late Hamish Miller, an eminent pioneer in dowsing earth energies of the UK, Europe and Aotearoa. Ross has worked and traveled extensively in wild and remote regions of the world, from both polar regions to mountainous deserts, and is dedicated to developing and sharing a common understanding of people as stewards of the natural world.

